

A silhouette of a man bowing down, with his head and upper body curved forward, against a bright, cloudy sky. The man is positioned on the left side of the frame, and his shadow is cast onto the ground below. The sky is filled with soft, white clouds, and the sun is visible as a bright, glowing orb in the upper right quadrant.

A Rock Solid Faith

1 Peter 5:5-7

The Upright Walk of a  
Bowed-Down Man

# Three compliant characteristics of those who are upright

## I. Responding to Authority Helps Leadership (v. 5a)

Nothing is more helpful to those who are in authority than those who will compliantly respond to that authority

Three compliant characteristics of those who are  
upright

You can't be saved without submission: to be saved,  
you have to repent and live in submission to an alien  
will

You cannot follow Christ unless you are willing to  
submit to Christ

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upright

2. Living in Humility Enhances Fellowship (v. 5b)

Submission and humility are the lubricants, the oil  
when the gears get tight in relationships

Keeps Others Accessible to You

Three compliant characteristics of those who are  
upright

Voluntarily adapt yourselves to each other, or blend  
with one another

Be willing to surrender your rights

Keeps God from Fighting You

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3. Resting in Sovereignty Acknowledges Lordship  
(vv. 6-7)

Permits God to Promote You

The “mighty hand of God” was often used in the Old Testament to describe God's power of delivering His people who were in trouble

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Prohibits Trouble from Consuming You

The one message you need to walk away with is that God  
cares for you

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## Closing Thoughts

1. Submission, humility, and resting are not instantaneous or natural things

It takes a period of time, and it's supernatural

It's part of the sanctification process



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## Closing Thoughts

2. When relationships get hard in your life

Check the oil

3. Burdens will accumulate all throughout the day

Learn to cast them down.