

# Understanding loneliness



# THREE CONDITIONS THAT PROMOTE SEPARATION RATHER THAN INTEGRATION

I. An Unrelenting Problem: Loneliness

Due to Oppression (vv. 1-3)

**Dr. Warren Wiersbe**

**“Loneliness is a malnutrition of the soul that  
comes from living on substitutes”**

## 2. Due to Competition (vv. 4-6)

He is speaking about an individual envy.  
There was a rivalry between Michelangelo  
and Raphael.

### 3. Due to Compulsion (vv. 7-8)

I looked on my right hand, and beheld, but  
there was no man that would know me:  
refuge failed me; no man cared for my  
soul. Psalm 142:4

### 3. Due to Compulsion (vv. 7-8)

This is a compulsory desire to acquire  
without meaningful relationships

# Concluding Thought

There's not a Friend like the lowly Jesus:

No, not one! no, not one!

None else could heal all our souls'

diseases:

No, not one! no, not one!

# Concluding Thought

Jesus knows all about our struggles;  
He will guide 'til the day is done:  
There's not a Friend like the lowly Jesus:  
No, not one! no, not one!

# Concluding Thought

What a Friend We Have in Jesus  
Proverbs 18:24 But there is a friend who  
sticks closer than a brother.

Next Week-Four Benefits of Authentic  
Friendships