



“Solomon’s Seven Ways to a
Better Life”

Part 1

Ecclesiastes 7:1-4

Solomon's Three of the Seven Ways to Become a Better Person

I. Be a Person of Character (v. 1)

The great John Wooden once said: “Be more concerned with your character than your reputation, because your character is what you really are, while your reputation is merely what others think you are...the true test of a man's character is what he does when no one is watching.”

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II. Take a Tour of a Mortuary (v. 2)

Nathaniel Hawthorne

A grave wherever found preaches a short and
pithy sermon to the soul.

III. Make Time for Sadness (vv. 3-4)

Some of Solomon's Proverbs

“A merry heart makes a cheerful countenance”

“ He who is of a merry heart has a continual
feast,

and a merry heart does good like medicine.”

Jesus said,

“Blessed are those who mourn for they shall be
comforted.” (Matthew 5:4)

Robert Browning Hamilton

I walked a mile with pleasure

She chattered all the way

But left me none the wiser for all she had to say

I walked a mile with sorrow and never a word
said she. But oh, the things I learned from her as
sorrow walked with me.