

ATTITUDE of  
GRATITUDE

B E T H A N K F U L

Psalm 103

A person is shown from the chest up, wearing a dark long-sleeved shirt, with their arms raised in a gesture of praise or worship. The background is a bright, golden-yellow sky, suggesting a sunrise or sunset. The overall mood is one of joy and gratitude.

# The Attitude of Gratitude

Question: Does thanksgiving permeate my life or does complaining, and ingratitude and indifference mark it.

We all live in one of two tents. Do I live in the Content tent or the Discontent tent?

# The Benefits of a Heart That is Full of Thanksgiving

The Response to God's benefits is one word-Bless  
the Lord, O my soul.”

Thanksgiving, gratitude is to mark the prayer life of a  
Christian

# The Ten Lepers

Out of the ten only one came back to thank Jesus for the healing and that was a Samaritan.

# The Recollection of God's Benefits

Who forgives all of your iniquities.”

“The Lord is merciful”

“He heals all of your diseases”

“He redeems your life from destruction

# The Recollection of God's Benefits

He crowns you with lovingkindness and tender mercies”

“He satisfies your mouth with good things”

“Your youth is renewed like the eagle's”

“The Lord executes righteousness

# The Response to God's Benefits

Bless the Lord, you his angels (vs.20)

Psalm 103:2 “Bless him all creatures in every corner  
of his dominion”

# The Response to God's Benefits

There are two levels of gratitude

The lower level-where we thank Him for only those pleasurable things not for everything.

The higher level-we thank God for the good and the bad.