

# HAPPINESS-PSALM 1



# Thomas Jefferson

We hold these truths to be self-evident that all men are created equal they are endowed by their Creator with certain inalienable rights which among them are life liberty and the pursuit of happiness

# What is Happiness?

The etymology of the word happiness comes from a Scandinavian word, “hap” H.A.P.

And it means luck-it means chance

The goal for many in life can be summed up in one phrase, “I just want to be happy”

happiness is fundamental to every genuine  
Christian

# What is Happiness?

The first word in the Hebrew is the word blessed  
or the word happy

Jesus used the word “Happy” when he delivered  
the Sermon on the Mount

there are nine blessed nine words for happy right  
at the beginning

# What is Happiness?

And that was his scriptures; you can take Psalm 1 and look at Matthew 5, 6, and 7

And you see a broad outline of Jesus fundamental teaching about the Sermon on the Mount

Psalm 1 is the gateway to all the other 149 Psalms

# I.The Profile of a Happy Camper

## 1.The three negatives of a Happy Camper

### Verse 1

How blessed is the man who does not walk in  
the counsel of the wicked,  
Nor stand in the path of sinners,  
Nor sit in the seat of scoffers!

# I. The Profile of a Happy Camper

The Happy Camper does not walk in the counsel  
of the ungodly

The Happy Camper does not stand in the way of  
sinners

The Happy Camper does not sit in the seat of the  
scoffers

# I. The Profile of a Happy Camper

## 2. Things the Happy Camper does

The Happy Camper delights in the law of the  
Lord

### Verse 2

But his delight is in the law of the Lord,  
And in His law he meditates day and night.

we meditate on, the central truth of God's word  
of Scripture and of our life in Christ



# I.The Profile of a Happy Camper

3.The Happy person is like a tree

## Verse 3

He will be like a tree *firmly* planted by streams  
of water,

Which yields its fruit in its season

And its leaf does not wither;

And in whatever he does, he prospers.

## II. The Profile of an Unhappy Camper

### Verse 4

The wicked are not so,  
But they are like chaff which the wind drives  
away.

1. Unhappy people have no roots, they are like  
chaff

2. They are like tumble weeds just drifting along  
through life

## II. The Profile of an Unhappy Camper

One of the Sons of the Pioneers great songs was,  
“Drifting Along with the  
Tumbling Tumble Weeds



# The Contrast Between a Happy Camper and a Unhappy Camper

The contrast between a happy person and an  
unhappy person is crystal clear

The happy person is like a tree with roots that go  
deep, the unhappy person is like chaff

# Tom Wolfe

All of us are familiar with the basic freedom that people have sought throughout all of history

Freedom from tyranny

Freedom from those who would dominate us in the government or private life

Therefore we have freedom of speech, we have freedom of religion, we have freedom of press,

# Tom Wolfe

We don't want to have tyrannical people to rule over us and control our lives

Man wants to have a freedom from tyranny all the way through history

Also, there is the freedom of want.

But there is a new freedom that comes to vogue- it has become our fashion in today's culture

There is a new freedom today- we want to be free from religion

# Tom Wolfe

Modern man wants no absolute we want to be  
chaff, we want to tumble through life like  
tumbling tumble weed

We want to be able to move along with our  
culture

You will never find happiness by going after it,  
happiness is a byproduct of holiness



# HAPPINESS

You will never find happiness by going after it,  
happiness is a byproduct of holiness

When we give ourselves wholly to something  
that is of Kingdom value, then a byproduct is we  
will be blissfully happy

I'm going to be happy today,  
though the skies are cloudy and gray.

No matter what comes my way,

I'm going to be happy today."

# HAPPINESS

I'm going to be happy today,  
though the skies are cloudy and gray.

No matter what comes my way,  
I'm going to be happy today."

Ellen Wheeler Wilcox.

# PSALM 1

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Nor stand in the path of sinners,  
Nor sit in the seat of scoffers!  
<sup>2</sup> But his delight is in the law of the Lord,  
And in His law he meditates day and night.

# PSALM 1

<sup>3</sup> He will be like a tree *firmly* planted by streams  
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Which yields its fruit in its season

And its leaf does not wither;

And in whatever he does, he prospers

<sup>4</sup> The wicked are not so,

But they are like chaff which

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